

Main' s House Activity Timetable

Day	Am	Pm
MONDAY	Household Tasks Church Service (Every 2 nd Monday)	Arts & Crafts / One 2 One Time
TUESDAY	Armchair Exercise	Outdoor / Indoor Gardening
WEDNESDAY	Dominoes / Prize Bingo	Live Music Pamper Sessions / Reminiscence Local Outings / Walks
THURSDAY	TBC	TBC
FRIDAY	TBC	TBC
SATURDAY	TBC	TBC
SUNDAY	Cake & Coffee Morning	Group Games / Movie Night

- * Ally and the Accordion will continue every Wednesday
- * Monty the Music Man playing as advertised
- * May be subject to change / unplanned activities